



Where all our pupils SHINE!

Week 17 Friday 19th January 2024

With winter now in full swing, the New Year is a prime opportunity for parents to familiarise themselves with some of the common illnesses that could disrupt children's studies or even cause more serious illness in coming weeks.

This blog post covers some of the seasonal illnesses that tend to peak during winter, as well as steps you can take now and throughout the coming term to help protect your family. We'll explore available vaccinations, how to recognise symptoms of common illnesses, and how to make informed decisions on whether a sick student is well enough to attend school or college.

Know when to keep your child at home

The start of a new term is a good time to familiarise yourself with the symptoms of common illnesses:

- It's fine to send your child to school or nursery with a minor [cough](#) or [common cold](#) if they are otherwise well and do not have a high temperature. But if your child has a fever, they should stay home from school or nursery until they feel better, and the fever has resolved.
- If they have [diarrhoea and/or vomiting](#), they should stay home for at least 48 hours after the last episode.
- It is no longer recommended that children and young people are routinely tested for COVID-19 unless directed to by a health professional. But if your child has tested positive for COVID-19, they should try to stay at home and avoid contact with other people for 3 days after the day they took the test. Children and young people who usually go to school, college or childcare and who live with someone who has a positive COVID-19 test result should continue to attend as normal.
- If your child has the symptoms of [measles](#) (outlined below) and has not had both doses of the MMR vaccine, they should not attend school.

The NHS has a [useful guide](#) to help parents decide whether a child is well enough to go to school, based on their symptoms.

Teach good hygiene habits

Good hygiene stops infections from spreading, which means less disrupted learning time.

Teach your child to wash hands properly for 20 seconds, use tissues for coughs and sneezes, and stay away from others when sick. Letting in fresh air can also reduce the spread of airborne viruses. Our [e-bug resources](#) for all ages can help you to explain and discuss hygiene habits – and why they are important - to your child or teenager



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Music Lessons

Does your child want to learn how to play a musical instrument?

If "Yes" Then here is a message form our school music teacher.

I will have 2x20 min music lessons slots available after half term.

The lessons are through the Lancashire music hub parental direct payment scheme.

Information can be found at Lancashire music hub.co.uk

I can teach piano, flute, saxophone and clarinet. Parents can enrol their children at lancashiremusichub.co.uk/enrol

Instrument hire is £15 a term.

Kind regards

Rosie Harrison LMS

'Shining' in this week's Celebration Assembly were...

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| The Nook | The Nook have been doing lots of exciting learning in Science this week. Fraser and Elise are going to tell us more! |
| Nicky Nook | Lola and Penelope from Nicky Nook are going to be reading some of their fantastic sentences about pirates. |
| Beacon Fell | Nora from Beacon class is going to share a letter she wrote in guided reading about caring for an orang-utan |
| Clougha | Clougha have been busy writing newspaper reports. Hannah and Ablie are going to share theirs with us |
| Pendle | Pendle have recently been reading Oliver Twist. We have been exploring Oliver's emotions at different points in the text. Devon-Beau and Jess are going to share some of their responses. |



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And finally...

What always goes to bed with his shoes on?

A horse!

Dates For Your Diary	
January	22 nd Nicky Nook and Beacon Canal walk 19 th , 26 th Y5 Climbing
February	2 nd , 9 th , 23 rd 2 nd Fire Brigade Visit Y2 Y6 5 TH R & Y6 Height and Weight Measurements 9 TH SCHOOL CLOSES 19 th SCHOOL OPENS
March	4 th Trikids 25 th Whole school trip to Hothersall Lodge 27 th Parents Evening 28 th SCHOOL CLOSES FOR EASTER
April	15 th SCHOOL OPENS
May	8 th Infant trip to Abbeystead Farm 13 TH – 16 th KS2 SATS 23 rd Sports Day 24 th SCHOOL CLOSED
June	3 RD Y1 Phonics Screening 3 rd Y4,5,6 Puberty Talk
July	12 th School Reports To Parents 19 th SCHOOL CLOSES