



Where all our Pupils SHINE

Newsletter – Week 7 Friday 18th October



Pendle spent an exciting day today working with Mark McKenzie, stepping back in time to World war 2 and experienced (a little bit) what life in England and Germany was like during the war. We learnt all about the blackout, blitz, wardens, gas masks and bomb handling.

Then we had an insight into the German perspective learning about Mark's family history where he shared how his family felt living in Germany at that time, being brain washed to support Hitler. Ironically, after our delicious lunch we learnt about rationing.

It was fact filled day and we really developed some empathy for those who lived during wartime.

Lunch Boxes

Please be aware that we do have children who have nut allergies, please avoid using nut spreads (such as Nutella, peanut butter) in sandwiches. Thank you for your support in this matter.

A parent has very kindly sent us information on a nut free alternative Nutella that is free from allergens (nuts) and palm oil. The spread is sold in Booths at Garstang and is called Sweet Freedom Choc Pot chocolate spread.



Shoe Boxes

The shoebox appeal brings joy and hope each year to many thousands of people of all ages. These gifts have brought smiles to children and adults living in poverty in Eastern Europe, Africa, Asia, Latin America and even the UK.

We are filling four shoeboxes together as a school, if you are able to send in a small gift that would be fantastic!

Ideas for what to include:

Stationery / school supplies: Pens, pencils, crayons, eraser, sharpener, notebooks, colouring books, maths set.

Toiletries: Toothbrush, bar of soap, flannel or sponge, comb, hair bobbles.

Toys: Small toys, cuddly toys, balls, skipping rope, games, small jigsaws etc. No guns or war toys.

Clothes: Socks, T-shirts, hats, scarves, gloves, underwear, Babygro for little ones.

All gifts should be returned to school by Friday 8th November 2024.

Children in Need – 15th November 2024

We will be supporting Children in Need this year by "whacky hair day". The children can come to school with their hair styled as they like! Normal uniform will be worn.

We will also be holding a teddy raffle, all donations will be greatly appreciated.

Friends of Forton School (FOFS)

FOFS Recipe Book

We need your help! Do you have a family recipe that your willing to share?

For our Christmas Fundraiser this year, we are putting together a Forton School Recipe Book. We need your help to provide us with your families favourite recipes.



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Send us your mouth-watering recipes to be featured and help us raise some funds. Let's cook up some fun together!

You can choose from a Starter, Main Course, Dessert, Cake, Drink or Snack.

We need you to provide the information in the following format via email to

sarahavaughan@hotmail.co.uk

Pupil or family name

Recipe Title

Ingredients

Cooking Method

Prep Time

Cook Time

Number of Servings

A photo (can be of your children cooking the recipe or the finished recipe)

Please send to Sarah before 18th October.

The Recipe books will then be available to purchase in November and December, further details regarding ordering will be sent out once all details have been finalised.

Any questions please pop me an email or catch me at school or on the what's app groups.

Below you will see an example of the Recipe Book to help you.

Sarah Vaughan – FOFS

Nanny's Apple Pie
Recipe provided by Olivia Bull

Ingredients:

5 cups, apples, thinly sliced	1 pack, pie crust mix
1/2 cup, sugar	1/2 cup, all-purpose flour
1/2 teaspoon, ground cinnamon	1 tablespoon, butter
	Milk
1/4 teaspoon, ground nutmeg	

Method:
Prepare the oven and the pie crust - Preheat the oven to 425 degrees Fahrenheit. Prepare the pie crust mix according to directions. Trim the edges and about an inch of overhang on the rim of the pastry plate.
Mix the pie filling - In a large bowl, mix the flour, sugar, nutmeg and cinnamon. Add the apple into the mixture and toss. Spoon the mixture into the pie crust and cover it with small cubes of butter.
Cover the filling - Roll the remaining pastry dough and then cut it into 10 1/2-inch wide strips. Arrange five strips across the pie. Weave the remaining pastry dough strips over and under in an alternating pattern over the first layer of strips. Trim the edges of the dough and fold over the pie to make a high edge, and then flute. Brush the top with milk and sprinkle with sugar.
Bake - Place the pie in the oven and bake it until golden brown, which takes about 30 to 35 minutes.

Junior Reading Evening

Junior parents are invited to join us for a short, informal meeting to talk about reading in KS2. This will take place at 3.30 pm – 4.00 pm on Thursday 7th November. Children will be supervised during this meeting by staff.

Mobile Library Van

Methodist Chapel car park, Hollins Lane, every 3 weeks, 2 pm – 2.30 pm on the following dates:-

Wednesday 30th October, 20th November

Dates for the Diary	
October	
18 th	Close School
28 th	INSET DAY
29 th	INSET DAY
30 th	Re-open School
November	
1 st	8.30 am Family & Individual Photos
5 th	Hand Hygiene EYFS and KS1
6 th	Flu Vaccinations Pre-School – Yr 6
7 th	KS2 Reading Meeting 3.30 pm
15 th	Children in Need "Whacky Hair Day" Teddy Raffle
20 th	Book Fair Arrives in School
27 th	Book Fair Leaves School
December	
6 th	Christmas Light Switch on Village Hall
12 th	Christmas Jumper Day
18 th	Junior Christmas Play 9.30 am Infant Christmas Play 3.30 pm
19 th	Whole School Dukes Play Trip
13 th	FOFS Movie Night – 3.25 pm School Hall



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20 th	Close School – NO PM CLUB
January 2025	
6 th	Re-open School

SCHOOL ADMISSIONS SECONDARY NORTH

Do you have a child starting secondary school in September 2025 and living in Lancashire?

Closing date: 31 October 2024

You **must** apply even if a brother or sister is already at the school. Please read the admission criteria for your chosen schools on the website, or get a copy from them.

Apply for a school place now by scanning the QR code or visit lancashire.gov.uk/schools

If travel cost is an important factor in your school preference, please check the guidance on our website, or call 01524 581148.

Between 1 October and 31 January schools are consulting with you to make sure admission arrangements meet future needs. To find out more please visit www.lancashire.gov.uk/schoolplaces and click 'school admission policies'.

HAVE YOUR SAY

lancashire.gov.uk

Lancashire
County Council

October HALF TERM HOLIDAY CAMP

St Michael's Tennis Club
Monday & Thursday

Garstang Tennis Club
Tuesday, Wednesday & Friday

Lancaster Tennis Club
Monday & Thursday

Fun multi-sport camp including tennis, football, dodgeball, dancing, running

Sign up now
£20 for 9am - 3pm
£10 for 9am - 12pm

Ages 4 - 14

Fun multi-sport camp including tennis, football, dodgeball, dancing, running

21.10.24 - 25.10.24

cartmelltennis@gmail.com
07523866116

CARTMELL TENNIS

FORTON FIELD DAY HALLOWEEN DISCO

£5 PER CHILD INCLUDING HOT DOG AND DRINK

Saturday 26th OCTOBER

at: Forton Village Hall
School Lane, Forton

2- 3.30 pm or 4 - 5.30pm

RSVP: Please reserve your place by contacting Jenna on 07850 008428

OCT/NOV TIMETABLE

Talks are delivered online via zoom 7pm to 9pm £24 each
If you can't make the date or time all paid for talks are recorded and available for 48 hours afterwards
Book online at facefamilyadvice.co.uk

FREE SESSIONS Introduction to Facing Defiance Decreasing Depression	24 OCT 25 NOV
Anxiety Explained	17 OCT
Understanding Anger	21 OCT
Autism: Improving Communication	28 OCT
Introduction to OCD	29 OCT
Improving Family Communication	4 NOV
Anxiety-Based School Avoidance	12 NOV
Anxiety Explained	14 NOV
Understanding Anger	18 NOV
Drug Awareness for Parents	19 NOV
Supporting Healthy Screen Use	21 NOV
What is ACT?	26 NOV
Understanding Addictive Behaviour	28 NOV

facefamilyadvice.co.uk info@facefamilyadvice.co.uk



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FACE
FAMILY ADVICE · COMMUNICATION · EDUCATION

November 2024
Newsletter

If you can't make the date or time
all paid for talks are recorded and available for 48 hours afterwards

<p>Monday 25th Nov 19:00 - 20:00 FREE</p> 	<p>FREE SESSION Decreasing Depression A range of steps that can help to reduce the crippling impact of depression.</p>
<p>Thursday 7th Nov 19:00 - 21:00 £24</p> 	<p>Supporting a Child with ADHD Challenging the stereotypes and giving practical interventions. Clear explanation of the condition in all its forms and extremely useful advice.</p>
<p>Tuesday 12th Nov 19:00 - 21:00 £24</p> 	<p>Anxiety-Based School Avoidance Understanding and supporting children who are anxious about school. Steps you can take to help them back into the classroom.</p>
<p>Monday 18th Nov 19:00 - 21:00 £24</p> 	<p>Understanding Anger: Yours and Theirs! What is anger? Why do we have it? How do we manage it in ourselves and in our children?</p>
<p>Thursday 21st Nov 19:00 - 21:00 £24</p> 	<p>Supporting Healthy Screen Use Clarifying the difference between healthy screen use and unhealthy screen use. Addressing concerns about blue light and sedentary behaviour.</p>

facefamilyadvice.co.uk info@facefamilyadvice.co.uk



SCHOOL ADMISSIONS PRIMARY NORTH

Do you have a child starting primary school in September 2025 and living in Lancashire?

Closing date: 15 January 2025

You **must** apply even if a brother or sister is already at the school, or the school is linked to your child's nursery. Please read the admission criteria for your chosen schools on the website, or get a copy from them.

Apply for a school place now by scanning the QR code or visit lancashire.gov.uk/schools



If travel cost is an important factor in your school preference, please check the guidance on our website, or call **01524 581148**.

HAVE YOUR SAY

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lancashire.gov.uk >>>>

Lancashire County Council

