

Forton's Fundamental Facts – Science



Topic – Animals including humans		Autumn 1 – Nicky Nook (Year 1 & 2)	
<u>Enquiry -</u>		<u>Key Vocabulary</u>	
What happens to our body after we have exercised? What food does our body need in order to have a balanced, healthy diet? How does our body need fight illnesses?		pulse	The beating of the heart that can be felt in your neck and wrist
<u>Investigation -</u>		develop	To grow bigger and become stronger.
		exercise	A physical activity to keep your body fit.
<u>Focus Scientist –</u> Louis Pasteur	<u>Diagram</u>	nutrition	Food needed to live.
<div style="text-align: center;"> <h3>A Balanced Plate</h3> <ul style="list-style-type: none"> ■ fruit and vegetables ■ Grains, cereals and potatoes ■ Dairy products ■ Meat, fish, nuts and eggs ■ fats and sugars </div>		germs	Tiny living things that can cause disease.
		disease	Illness or sickness.
		diet	The food and water that an animal needs.
		hygiene	How we keep ourselves and the world around us clean so we can stay healthy and stop germs spreading.
		lifecycle	The changes living things go through to become an adult.
		offspring	The child of an animal.
